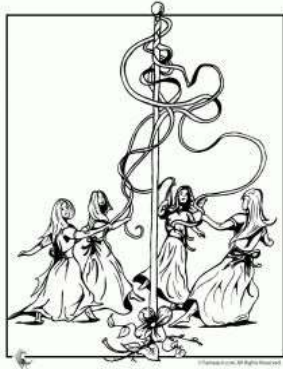


# Swardeston Day Centre

## PROGRAMME – May 2022



Transport: Liz Brown  
Tel: 01508 570660  
Mobile: 07823 331562

After such a lovely sunny April, let's hope May doesn't bring the showers!

MONDAY  
2<sup>nd</sup> May

MAY DAY BANK HOLIDAY -  
Day Centre closed

WEDNESDAY  
4<sup>th</sup> May

10.00 am – Footcare with Graham  
1.30 pm – Cinema Memories Quiz with Paul

MONDAY  
9<sup>th</sup> May



10.30 am – Service of Worship led by Stephen Huntley  
1.15 pm – Wensum Handbells are back with Spring sounds!

WEDNESDAY  
11<sup>th</sup> May

10.30 am – ‘Yahtzee’ or ‘Dominoes’ games  
1.15 pm – Trevor Austin is back with his treasure!

MONDAY  
16<sup>th</sup> May

10.00 am – Graham takes care of your feet  
11.00 am – Sarah gets us moving to Zumba Gold  
1.15 pm – ‘Bingo’ with Jonny Numbers

WEDNESDAY  
18<sup>th</sup> May

10.30 am – Service of Worship led by Jill Wright  
1.15 pm – Chrissie on guitar returns to entertain

MONDAY  
23<sup>rd</sup> May

10.30 am – Jigsaws and wordsearches  
1.15 pm – Les Trutch is back! (a favourite crooner)

WEDNESDAY  
25<sup>th</sup> May

10.15 am – Mini-Stall – CDs, books and bits for sale  
11.00 am – Seated Exercises with Liz  
1.30 pm – Notelet and card-making with Gill Waters.

MONDAY  
30<sup>th</sup> May



**DAY CENTRE OPEN**  
**QUEEN'S PLATINUM JUBILEE**  
**CELEBRATION**

10.30 am – Music and memorabilia  
11.15 am – Party Game of Hoopla  
1.30 pm – Quiz on The Queen with Liz, ending with songs round the piano and afternoon cream tea

**There are no birthdays this month, but plenty to celebrate anyway, as we end this month and begin the next with remembering and giving thanks for the longevity of our Queen on the throne for seventy years. Congratulations, Ma'am!**

